



## INFLIGHT CATERING MENU-CREW

### CONTACT INFORMATION

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## Breakfast

### Cold Breakfast-Boxed

**Yogurt Parfait with Berries** – *Vanilla yogurt with homemade organic granola and fresh berries*

**Continental-Yogurt, Muffin, Fruit and 2 Hard Boiled Eggs**

**Protein Shake Meal** – *Protein Shake (Chocolate or Vanilla) plus 2 breakfast sides*

### Hot Breakfast-Boxed

**All Served with choice of 2 sides**

**Homestyle-** *2 Eggs, Choice of bacon, ham or sausage, hashbrowns, and a homemade sourdough biscuit*

**Jedediah's Burrito-** *3 Eggs, ham, peppers, onion, fire roasted quinoa and cheese wrapped in a flour tortilla with hashbrowns, served with sour cream and salsa on the side*

**Veggie Burrito-** *Fire roasted quinoa, peppers, onions, black beans and cheese in a flour tortilla with hashbrowns, served with sour cream and salsa on the side*

**Biscuit Breakfast Sandwich-** *1 Egg, choice of bacon, ham or sausage and cheddar cheese on a homemade sourdough biscuit with hashbrowns*

**Road warrior-** *2 Eggs, choice of bacon, ham or sausage, cheddar and swiss on sourdough toast served with hashbrowns*

### Breakfast Side Options

**Yogurt, 2 Hardboiled Eggs, Whole or Cut Fruit, Berries, Peanut Butter and Celery Sticks, or Cheese and Crackers**

# Lunch

## Salads

**Chef-** *Mixed Greens with turkey, ham, cheddar, swiss, heirloom cherry tomatoes, cucumbers, shredded carrots, and hard-boiled eggs, served with ranch dressing*

**Caesar-** *Chopped Romaine topped with Heirloom cherry tomatoes, lemon wedges, and parmesan cheese, served with Caesar dressing*

**Greek-** *Mixed Greens, topped with, Heirloom cherry tomatoes, roasted red peppers, feta, kalamata olives, cucumbers, served with a Greek feta dressing*

**Caprese –** *Fresh mozzarella, fresh basil, and sliced tomatoes topped with a drizzle of balsamic glaze, served with balsamic dressing*

**Garden Salad-** *Mixed Greens topped with chef's choice vegetables, served with the dressing of your choice*

**Asian Salad –** *Mixed Greens topped with mandarin oranges, heirloom cherry tomatoes, red and yellow peppers, snap peas, cucumbers, wonton noodles, sliced almonds, baby corn and shredded carrots, served with an Asian dressing*

**Cobb Salad –** *Chopped Romaine topped with a chicken breast, shredded carrots, Heirloom cherry tomatoes, cucumbers, Bleu cheese, bacon, and avocado, served with Bleu cheese dressing*

**Side Salads-** *Caesar, Garden, Pasta, Potato and Coleslaw*

**All dressings are served on the side**

**All salads are available with the Grilled Chicken, Sliced Tenderloin, Salmon, Jumbo Shrimp**

## Boxed Meals (Lunch and Dinner)

<b>CHOOSE 1 (Entrees, Sandwiches or Wraps):</b>	
<p style="text-align: center;"><b>Entrees</b></p> <p style="text-align: center;"><i>House Smoked Brisket</i></p> <p style="text-align: center;"><i>BBQ Pulled Pork</i></p> <p style="text-align: center;"><i>Grilled Fish-Salmon, Halibut or Tuna</i></p> <p style="text-align: center;"><i>Chicken-Grilled or Crispy</i></p> <p style="text-align: center;"><i>Meatloaf</i></p> <p style="text-align: center;"><i>Traditional Lasagna</i></p> <p style="text-align: center;"><i>Grilled Tenderloin Steak</i></p> <p style="text-align: center; margin-top: 10px;"><b>CHOOSE 2 (SIDES):</b></p> <p style="text-align: center;"><i>Side Salad</i></p> <p style="text-align: center;"><i>Crudité with Hummus or Ranch</i></p> <p style="text-align: center;"><i>Whole or Cut Fruit</i></p> <p style="text-align: center;"><i>Cheese and Crackers</i></p> <p style="text-align: center;"><i>Peanut Butter and Celery</i></p> <p style="text-align: center;"><i>Pasta or Potato Salad</i></p>	<p style="text-align: center;"><b>Sandwiches or Wraps</b></p> <p style="text-align: center;"><i>Peanut Butter and Jelly</i></p> <p style="text-align: center;"><i>Philly or Chicken Cheesesteak</i></p> <p style="text-align: center;"><i>Grilled Chicken</i></p> <p style="text-align: center;"><i>Ham</i></p> <p style="text-align: center;"><i>Turkey</i></p> <p style="text-align: center;"><i>Tuna Salad</i></p> <p style="text-align: center;"><i>Chicken Salad</i></p> <p style="text-align: center;"><i>Egg Salad</i></p> <p style="text-align: center;"><i>Roast Beef</i></p> <p style="text-align: center; margin-top: 10px;"><b>CHOOSE 1 (Desserts):</b></p> <p style="text-align: center;"><i>Cookie</i></p> <p style="text-align: center;"><i>Cake</i></p> <p style="text-align: center;"><i>Pie</i></p> <p style="text-align: center;"><i>Brownie</i></p> <p style="text-align: center;"><i>Cheesecake</i></p>

